

Mia & The Golden Flower

A Story About Setting A Goal & Achieving It





Once upon a time, there was a little girl named Mia who lived in a small village surrounded by rolling green hills.



One day Mia found an old, dusty book in her attic titled "The Secrets of the Magic Garden". The book said that anyone who grew a golden flower in their garden would be granted one special wish. Mia was so excited! She decided to grow a golden flower.



Mia's grandmother, wise and kind, saw her excitement. "Growing a golden flower is a wonderful goal, Mia," she said. "But you'll need a clear plan to make it happen. Let's set a goal the right way."

S - BE SPECIFIC



Grandma asked Mia,
"What exactly do you want to grow?"
Mia thought and replied,
"I want to grow a golden flower in our garden."
"Perfect," said Grandma. "A golden flower it is! Let's
write that down."



Grandma said,
“How will you know if your flower is growing?”
Mia replied,
“I’ll measure it every week. When it’s as tall as my knee,
I’ll know it’s ready to bloom.”
“Great idea!” said Grandma. “We’ll track its growth
every week.”

A: MAKE IT ACHIEVABLE



Grandma asked, "What do you need to make this happen?"

Mia made a list:

- 1. Seeds from the store.**
- 2. Water from the village well.**
- 3. A sunny spot in the garden.**

"That sounds very achievable!" said Grandma. "We'll get everything tomorrow."

R: KEEP IT RELEVANT



Grandma asked, "Why do you want to grow this golden flower, Mia?"

Mia smiled. "Because I want to make a wish to help our village build a new playground!"

Grandma hugged Mia. "That's a wonderful reason. Your goal is very important."

T: SET A TIME LIMIT



Grandma said, "When do you want the flower to bloom?"

Mia looked at the calendar. "In two months, during the Spring Festival!"

"Perfect," said Grandma. "That gives us plenty of time to work hard."



For the next two months, Mia worked on her goal step by step. She planted the seeds, watered them every morning, and made sure they got plenty of sunshine. Some days were hard—like when the rain washed away some of her seeds, or when a curious bunny nibbled a leaf. But Mia didn't give up. She stayed focused on her plan.



Finally, on the morning of the Spring Festival, the golden flower bloomed! It was the most beautiful flower anyone in the village had ever seen. Mia made her wish, and soon the village had a brand-new playground where children could laugh and play together.



This resource was created by Sandra Haufano for the purpose of supporting parents as they teach their children to dream big by setting goals, putting them into action and achieving it.

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